FARM 2 SCHOOL
BURLINGTON SCHOOL FOOD PROJECT

A farm to school program that connects Students and their families with whole, fresh, and local foods to improve the health of our community
Timeline

- BSFP started 2003 out of Burlington Food Council
- Taste testing in schools 2004
- Growing and processing summer 2004
- 2005 first farmer forum and growing contracts
- 2006 first Farm to School Coordinator hired in district
- 2007-08 increase in local food purchases
- 2008-09 introduced new products
- 2009-10 plans to bring in locally raised beef and locally processed commodity beef
Burlington, Vermont

- Population of 40,000
- 4,543 children - ages 5 to 17
- 30+ languages represented
- Strong local food movement
Food Service Involvement

Connecting with students

Integrating more fresh foods on the menu - Salad Bars implemented at all schools!

Testing new products & preparations
Chef & Farmer Connections:
Classroom, Cafeteria, Community
Parent Involvement

**Champlain Food Committee**

Parent & Farmer Thomas case threshes dry beans with Champlain Elementary bean stompers

**Barnes Adopt-a-Breakfast Program from VT F2S Grant**

Parent & Farmer Emily Merrill and Parent Siobhan Donegan

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Parent & Farmer Thomas case threshes dry beans with Champlain Elementary bean stompers
Processing & Storage
Local foods purchased direct from farms by Burlington Schools Food Service 2003-2008

In 2008, over $30,000 went back to our surrounding community!
Fresh Produce Purchased by BSFS 2003-2008

- Local-direct from farms
- Local-through distributors
- Non-Local
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>2</td>
<td>3</td>
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<td>5</td>
<td>6</td>
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<tr>
<td>Staff Inservice</td>
<td><strong>Town Meeting Day</strong></td>
<td>Hamburger or Cheeseburger or Veggie Burger Whole Wheat Bun OVEN Fries</td>
<td>Get Local!</td>
<td>Spaghetti Meat Sauce or Marinara Whole Wheat Roll Sugar Cookie</td>
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<tr>
<td>NO SCHOOL</td>
<td>NO SCHOOL</td>
<td>Whole Wheat Bun OVEN FRIES</td>
<td>Get Local!</td>
<td><strong>FLATBREAD</strong></td>
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<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
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<tr>
<td>Chicken Patty Mashed Potatoes Whole Wheat Bun</td>
<td>Soft Beef Taco Lettuce &amp; Tomato Cheese &amp; Salsa</td>
<td>Chicken &amp; Biscuits Vermont Applesauce</td>
<td>Get Local!</td>
<td>Grilled Cheese Homemade Chicken &amp; Vegetable Soup</td>
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<tr>
<td>Chicken Nuggets Mashed Potatoes Whole Wheat Roll</td>
<td>Hamburger or Cheeseburger or Veggie Burger Whole Wheat Bun OVEN Fries</td>
<td>Try it! Asian Orange Chicken Rice</td>
<td>Get Local!</td>
<td>Macaroni &amp; Cheese Green Beans Whole Wheat Roll Vermont Strawberry Shortcake</td>
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<tr>
<td>Chicken Patty Mashed Potatoes Whole Wheat Bun</td>
<td>Chicken Fajita Cheese &amp; Salsa Onions &amp; Peppers</td>
<td>Spaghetti Meat Sauce or Marinara Whole Wheat Roll Sugar Cookie</td>
<td>Get Local!</td>
<td>Hamburger or Cheeseburger or Veggie Burger Whole Wheat Bun OVEN Fries</td>
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<tr>
<td>Chicken Nuggets Mashed Potatoes Whole Wheat Roll</td>
<td>&quot;Early Release&quot; Turkey &amp; Cheese Sandwich Whole Wheat Bread Veggie Sticks &amp; Fruit</td>
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<td>All Meals at all Schools Include: Salad Bar, Fruit, Low-Fat Milk</td>
<td><strong>FLATBREAD</strong></td>
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VERMONT FARM 2 SCHOOL ART'S
Celebrating local farms and schools!